

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Jarque-Bera	Prob
Age	35.5	10.5	20	65	35	30	40	35	-0.1	3.2	0.00	0.99
Gender	0.5	0.5	0	1	0.5	0.5	0.5	0.5	0.0	0.0	0.00	1.00
Marital Status	0.8	0.4	0	1	0.8	0.8	0.8	0.8	0.0	0.0	0.00	1.00
Education	12.5	2.5	8	16	12	11	13	12	-0.2	1.5	0.00	0.99
Income	15000	5000	5000	30000	15000	10000	20000	15000	-0.5	2.5	0.00	0.99
Health	0.5	0.5	0	1	0.5	0.5	0.5	0.5	0.0	0.0	0.00	1.00
Smoking	0.3	0.5	0	1	0.3	0.3	0.3	0.3	0.0	0.0	0.00	1.00
Alcohol	0.2	0.4	0	1	0.2	0.2	0.2	0.2	0.0	0.0	0.00	1.00
Exercise	0.4	0.5	0	1	0.4	0.4	0.4	0.4	0.0	0.0	0.00	1.00
Stress	0.6	0.5	0	1	0.6	0.6	0.6	0.6	0.0	0.0	0.00	1.00
Sleep	0.5	0.5	0	1	0.5	0.5	0.5	0.5	0.0	0.0	0.00	1.00
Depression	0.3	0.5	0	1	0.3	0.3	0.3	0.3	0.0	0.0	0.00	1.00
Loneliness	0.4	0.5	0	1	0.4	0.4	0.4	0.4	0.0	0.0	0.00	1.00
Life Satisfaction	0.7	0.4	0	1	0.7	0.7	0.7	0.7	0.0	0.0	0.00	1.00
Resilience	0.6	0.5	0	1	0.6	0.6	0.6	0.6	0.0	0.0	0.00	1.00
Optimism	0.5	0.5	0	1	0.5	0.5	0.5	0.5	0.0	0.0	0.00	1.00
Gratitude	0.4	0.5	0	1	0.4	0.4	0.4	0.4	0.0	0.0	0.00	1.00
Self-Esteem	0.6	0.5	0	1	0.6	0.6	0.6	0.6	0.0	0.0	0.00	1.00
Life Satisfaction	0.7	0.4	0	1	0.7	0.7	0.7	0.7	0.0	0.0	0.00	1.00
Resilience	0.6	0.5	0	1	0.6	0.6	0.6	0.6	0.0	0.0	0.00	1.00
Optimism	0.5	0.5	0	1	0.5	0.5	0.5	0.5	0.0	0.0	0.00	1.00
Gratitude	0.4	0.5	0	1	0.4	0.4	0.4	0.4	0.0	0.0	0.00	1.00
Self-Esteem	0.6	0.5	0	1	0.6	0.6	0.6	0.6	0.0	0.0	0.00	1.00